

INTRODUCTION



Cocavo Gourmet & Artisan Cooking Oils

Located in the beautiful Northland city of Whangarei, Cocavo produces and supplies a range of healthy gourmet & artisan cooking oils.

Cocavo developed the World's first blend of Extra Virgin Coconut Oil & Extra Virgin Avocado Oil which quickly gained popularity with consumers looking for a cooking oil that would add health to their meals & diets.

We quickly discovered there was a growing demand for cooking oils that were packed with healthy fats, delivered on flavour, were versatile and importantly, were affordable.

The popular Keto & Vegan Lifestyles have seen the demand for high quality, healthy cooking oils skyrocket in recent years, bringing these oils to the attention of consumers looking for affordable healthy choices in cooking oils.



COCAVO NATURAL

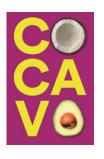




- Cocavo Natural is a blend of Extra Virgin Coconut Oil & Extra Virgin Avocado Oil.
- Packed with healthy fats found in coconuts & avocados,
 Cocavo Natural has less saturated fat than regular coconut oil.
- Cocavo Natural is a very stable oil with a high smokepoint, so is perfect for high heat cooking.
- 400g recyclable PP Tub



COCAVO CHILLI & LIME





- Cocavo Chilli & Lime is a unique blend of Extra Virgin Coconut Oil, Extra Virgin Avocado Oil, Chilli Oil & Lime Oil. Packed with the healthy fats, Cocavo Chilli & Lime is a very versatile cooking oil with a high smoke point.
- 400g recyclable PP Tub



COCAVO TURMERIC & LEMON ZEST





- Cocavo Turmeric & Lemon Zest is a unique blend of Extra Virgin Coconut Oil, Extra Virgin Avocado Oil, Turmeric Oil & Lemon Zest Oil. Packed with the healthy fats, Cocavo Turmeric & Lemon Zest is a very versatile cooking oil with a high smoke point.
- 400g recyclable PP Tub



COCAVO Coriander, Lime & Ginger





- Cocavo Coriander, Lime & Ginger is a unique blend of Extra Virgin Coconut Oil, Extra Virgin Avocado Oil, Coriander Oil, Lime Oil & Ginger Oil. Packed with the healthy fats, Cocavo Coriander, Lime & Ginger is a very versatile cooking oil with a high smoke point.
- 400g recyclable PP Tub



COCAVO LIGHT

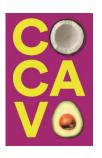




- Cocavo Light is a unique blend of Pure Coconut Oil & Extra Virgin Avocado Oil. Packed with the healthy fats, Cocavo Light is a very versatile cooking oil with a high smoke point.
- 400g recyclable PP Tub



COCAVO 100% PURE COCONUT OIL

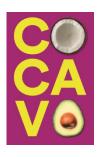




- 100% Pure Coconut Oil is a deodourised coconut oil that has no coconut taste or smell. Packed with healthy fats including MCTs such as Lauric Acid, Cocavo Pure Coconut Oil is a very versatile cooking oil with a high smoke point.
- 100% Pure Coconut Oil is made right here in NZ, so you are guaranteed this is a premium quality coconut oil.
- Available in a 500ml glass jars.



EXTRA VIRGIN COCONUT OIL

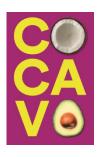




- Cocavo Extra Virgin Coconut Oil is Organic Certified.
- Packed with healthy fats including MCTs such as Lauric Acid, our Extra Virgin Coconut Oil is a premium grade product. It has a delicious, fresh coconut aroma & flavour that will have you coming back for more.
- Extra Virgin Coconut Oil is a very stable oil with a high smoke-point, so is perfect for high heat cooking or as a butter replacement in many recipes.
- 500ml / 400g glass jar



TOASTY VIRGIN COCONUT OIL





- Cocavo Toasty Virgin Coconut Oil is Organic Certified.
- Packed with healthy fats including MCTs such as Lauric Acid, our Toasty Virgin Coconut Oil is a premium grade product, with a delicious "toasted" coconut aroma & taste.
- Coconut Oil is a very stable oil with a high smoke-point, so is perfect for high heat cooking or as a butter replacement in many recipes.
- 500ml / 400g glass jar









- Cocavo Smokey Oil is a unique blend of Pure Olive Oil, Pure Sunflower Oil, Natural Maple Smoke Extract & Manuka Essence, all blended together to produce this amazingly smokey oil.
- 250ml unique glass bottle



EXTRA VIRGIN AVOCADO OIL





- Our Extra Virgin Avocado Oil is cold pressed from top quality, perfectly ripened Hass Avocados.
- The production of our Extra Virgin Avocado Oil is as unique as the product itself. As one of the only cooking oils made from the pulp of the fruit rather than the pit or skin, our Extra Virgin Avocado Oil is produced as naturally as possible using simple cold-press technology. Pressing at lower temperatures allows the avocado oil to retain its nutritional content, natural & expressive aromas, emerald green color and superb flavors.
- Available in 250ml & 500ml Bottles



EV AVOCADO OIL with TURMERIC & LEMON ZEST





- Our Extra Virgin Avocado Oil with Turmeric & Lemon Zest is cold pressed from top quality, perfectly ripened Hass Avocados & fresh lemons.
- The production of our Extra Virgin Avocado Oil with Turmeric & Lemon Zest is as unique as the product itself. As one of the only cooking oils made from the pulp of the avocado fruit & whole fresh lemons, you will love the flavours of this oil which is perfect on fish, chicken or salads.
- Available in 250ml Bottles



HEMP SEED OIL





- Cocavo Extra Virgin Hemp Seed Oil is natural, cold pressed & unrefined in a way that maintains the nutritional properties and quality of nature's most unsaturated oil. Pressed from NZ grown hemp seeds, our Hemp Seed Oil is a lovely dark green colour.
- This delicate oil, with a flavourful nutty taste, can be used in a wide range of recipes such as sauces, dips, spreads, marinades and salad dressings. It may also be added to protein shakes and smoothies.
- Available in 250ml & 500ml Bottles









- Cocavo Sizzle & Drizzle is a blend of Pure Hi-Oleic Sunflower Oil, Pure Olive Oil & Extra Virgin Avocado Oil.
 Packed with the healthy fats, Sizzle & Drizzle will add health to your meals.
- Sizzle & Drizzle is a very stable oil with a slightly buttery flavour from the avocado oil. A unique dual purpose oil, Sizzle & Drizzle has a high smoke-point making it perfect for all types of high heat cooking and also as a general purpose quality salad oil.
- Available in 250ml & 500ml Bottles



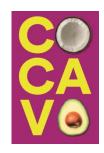






- Cocavo Hot Wok is a blend of Pure Hi-Oleic Sunflower Oil, Pure Olive Oil & Extra Virgin Avocado Oil . Packed with the healthy fats, Sizzle & Drizzle will add health to your meals.
- Hot Wok is a very stable oil with a slightly buttery flavour from the avocado oil. A unique dual purpose oil, Hot Wok has a high smoke-point making it perfect for all types of high heat cooking and also as a general purpose quality salad oil.
- Available in 250ml & 500ml Bottles







- Cocavo OLAV Oil is a blend of Pure Olive Oil & Extra Virgin Avocado Oil . Packed with the healthy fats, Hinu Pai will add health to your meals.
- Cocavo OLAV Oil is a very stable oil with a slightly buttery flavour from the avocado oil. A unique dual purpose oil, Cocavo OLAV Oil has a high smoke-point making it perfect for all types of high heat cooking and also as a general purpose quality salad oil.
- Available in 500ml Bottles





COCAVO GARLIC OIL



- Cocavo Garlic Oil is a blend of Pure Olive Oil & Extra Virgin Avocado Oil infused with natural Garlic Oil.
- Packed with the healthy fats, Cocavo Garlic Oil delivers on flavour and aroma.
- Cocavo Garlic Oil is a very stable, dual purpose cooking oil. It has a high smoke point, so is great for high heat cooking in addition to being a very versatile salad oil.
- Available in a 250ml Bottle.





COCAVO CHILLI OIL



- Cocavo Chilli Oil is a premium quality Chilli Oil that is packed with healthy fats found in Hi-Oleic Sunflower Oil, Olive Oil, Extra Virgin Avocado Oil & Spicy Chilli Oil. It is a dual-purpose high heat cooking oil & salad oil.
- Cocavo Chilli Oil delivers on Heat (it is very hot) and flavour that comes from the Spicy Chilli oil used in the blend.
- Attractively priced, Cocavo Chilli Oil will appeal to consumers looking for a healthier Chilli Oil option.
- Available in a 250ml Bottle







COCAVO WASABI OIL

- Cocavo Wasabi Oil is a NZ first, premium quality Wasabi
 Oil that is packed with healthy fats found in Olive Oil & EV
 Avocado Oil. It is a dual-purpose high heat cooking oil &
 salad oil.
- Cocavo Wasabi Oil delivers on Heat (it is very hot) and flavour that comes from the natural Wasabi extract used in the blend.
- Attractively priced, Cocavo Wasabi Oil will appeal to consumers looking for a healthier Wasabi Oil option that packs a punch.
- Available in a 250ml Bottle

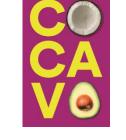


COCAVO MINT OIL





- Cocavo Mint Oil is a premium quality salad oil that is a blend of Pure Olive Oil, Extra Virgin Avocado Oil & Natural Mint Oil.
- Attractively priced, Cocavo Mint Oil will appeal to healthconscious consumers looking for a sugar-free healthy alternative to mint sauces, so is excellent on Lamb dishes and minted potatoes etc.
- Available in a 250ml Bottle







COCAVO ROSEMARY OIL

- Cocavo Rosemary Oil is a premium quality salad oil that is a blend of Pure Olive Oil, Extra Virgin Avocado Oil & natural Rosemary Oil.
- Attractively priced, Cocavo Rosemary Oil will appeal to health-conscious consumers looking for a sugar-free healthy cooking oil that will add that extra magic to dishes where Rosemary flavours & aromas are desired. Drizzled on roast Lamb or kebabs, Rosemary Oil is fantastic.
- Available in a 250ml Bottle







COCAVO BASIL OIL

- Cocavo Basil Oil is a premium quality salad oil that is a blend of Pure Olive Oil, Extra Virgin Avocado Oil & natural Rosemary Oil.
- Attractively priced, Cocavo Basil Oil will appeal to healthconscious consumers looking for a sugar-free healthy cooking oil that will add that extra magic to dishes where the flavours & aromas od basil are desired. Drizzled on roast vegetables or summer salads Cocavo Basil Oil will quickly become a pantry staple.
- Available in a 250ml Bottle









- Cocavo Zesty Orange Oil is a premium quality salad oil that is a blend of Pure Olive Oil, Extra Virgin Avocado Oil & natural Orange Zest Oil.
- Attractively priced, Cocavo Zest Orange Oil will appeal to health-conscious consumers looking for a sugar-free healthy salad oil that will add that extra magic to dishes where Orange Zest flavours & aromas are desired.
- Available in a 250ml Bottle





COCAVO LEMON & LIME OIL



- Cocavo Lemon & Lime Oil is a premium quality salad oil that is a blend of Pure Olive Oil, Extra Virgin Avocado Oil & natural Lemon & Lime Oils.
- Attractively priced, Cocavo Lemon & Lime Oil will appeal
 to health-conscious consumers looking for a sugar-free
 healthy salad oil that will add that extra magic to dishes
 where Citrusy Lemon & Lime flavours & aromas are
 desired.
- Available in a 250ml Bottle





COCAVO BLACK PEPPER OIL



- Cocavo Black Pepper Oil is a premium quality salad oil that is a blend of Pure Olive Oil, Extra Virgin Avocado Oil & natural Black Pepper Oil.
- Attractively priced, Cocavo Black Pepper Oil will appeal to health-conscious consumers looking for an oil with a peppery heat that will add that extra magic to dishes where a black pepper flavour & heat is desired.
- Available in a 250ml Bottle







ROASTED SESAME OIL

- Roasted Sesame Oil is a staple in the Asian kitchen.
 Whether it is Chinese, Korean, Japanese, Southern Indian
 and Middle Eastern cuisines, they all depend on Roasted
 Sesame Seed Oil to add that "something special"
 characteristic of these cuisines.
- Available in a 250ml Bottle





EXTRA VIRGIN OLIVE OIL



- Sourced from the Mediterranean, our premium grade Extra Virgin Olive Oil has a deliciously mild, grassy flavour with a nice peppery after-taste making it perfect for many culinary uses in the kitchen.
- Available in a 500ml Bottle





EXTRA VIRGIN FLAX SEED OIL



- Cocavo Extra Virgin Flax Seed Oil is very versatile and easy to use. Cold pressed from Flax Seeds grown in Canterbury, New Zealand the oil has a subtle nutty flavour and aroma. Our supplier carefully cold-presses our oil in small batches to guarantee freshness and premium quality.
- Available in a 500ml Bottle









- Cocavo's Raw Linseed Oil is a 100% natural oil, coldpressed from Linseed grown on the Canterbury Plains of New Zealand.
- Raw Linseed Oil has been used to preserve and prevent deterioration of wood and produce a stunning natural finish for many years.
- Available in 1, 2 & 5 litre packs.









- A first in New Zealand, our Cocavo Ghee is a unique blend of Pure NZ Dairy Ghee, Pure Coconut Oil & Extra Virgin Avocado oil resulting a cooking oil with a lovely texture, flavour & aroma.
- As the pure coconut oil used is deodourised, there is no coconut aroma or taste with the predominant flavour being a mild buttery taste typical of ghee.
- Cocavo Ghee is Keto friendly and is proving to be very popular for consumers looking for animal & plant based fats that are packed with healthy fats.
- With a naturally high smoke point, Cocavo Ghee is great for all forms of high heat cooking and can substitute butter in recipes 1 for 1.









- A first in New Zealand, our Cocavo Garlic Ghee is a unique blend of Pure NZ Dairy Ghee, Pure Coconut Oil, Extra Virgin Avocado oil & natural Garlic Oil resulting a cooking oil with a lovely texture, flavour & aroma garlic lovers will keep coming back for.
- As the pure coconut oil used is deodourised, there is no coconut aroma or taste with the predominant flavour being garlic as you would expect.
- Cocavo Garlic Ghee is Keto friendly and is proving to be very popular for consumers looking for animal & plant based fats that are packed with healthy fats.
- With a naturally high smoke point, Cocavo Garlic Ghee is great for all forms
 of high heat cooking and can substitute garlic butter in recipes 1 for 1.









- A first in New Zealand, our Vegan Ghee is a unique blend of Pure Coconut Oil
 & Extra Virgin Avocado oil that have been carefully blended to give the resulting oil a softer texture making it spreadable.
- As the pure coconut oil used is deodourised, there is no coconut aroma or taste with the predominant flavour being buttery which is typical of avocado oil.
- Vegan friendly & Keto friendly.
- High smoke point, Cocavo Vegan Ghee is great for all forms of high heat cooking and as 1 for 1 substitute for butter.
- Cocavo Vegan Ghee is similar to Cocavo Light, but has a higher percentage of Extra Virgin Avocado Oil in it.

COCAVO VEGAN GARLIC GHEE

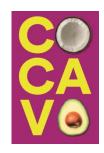




- A first in New Zealand, our Vegan Garlic Ghee is a unique blend of Pure Coconut Oil, Extra Virgin Avocado Oil & Pure Garlic Oil that have been carefully blended to give the resulting oil a soft, spreadable texture.
- As the pure coconut oil used is deodourised, there is no coconut aroma or taste with the predominant flavour being a delicious garlicy flavour.
- Vegan friendly & Keto friendly, Cocavo Vegan Garlic Ghee is proving to be very popular for consumers following these lifestyles.
- With a naturally high smoke point, Cocavo Vegan Garlic Ghee is great for all forms of high heat cooking and as one for one substitute for garlic butter.



INFORMATION & CONTACT



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