

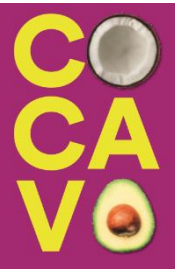
INTRODUCTION

Cocavo is a New Zealand owned & operated company based in Whangarei, Northland.

Cocavo developed a World First blend of Extra Virgin Coconut Oil & Extra Virgin Avocado Oil that is now widely available across NZ. Three of these oils were finalists in 2 categories at the 2017 NZ Food Awards.

Cocavo has gone on to create a wide range of artisan super-food oils including extra virgin oils and other gourmet blends. We believe our gourmet cooking oils are adding health into people's diets as they start to realise & understand the health benefits of including healthy fats & oils in their diets.

We are a team dedicated to making our range of artisan super-oils affordable & readily available to Kiwis.

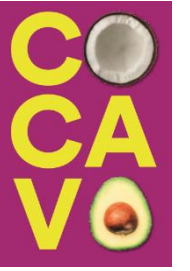


COCAVO LIGHT



- Cocavo Light is a blend of 100% Pure Coconut Oil & Extra Virgin Avocado Oil.
- Packed with healthy fats found in coconuts & avocados, Cocavo Light has less saturated fat than regular coconut oil.
- Cocavo Light is a very stable oil with a slight buttery flavour from the avocado oil & High Smoke-point. The Pure Coconut Oil used in this blend has a neutral aroma & taste, so does not impart a coconut flavour or taste.
- 400g recyclable PP Tub

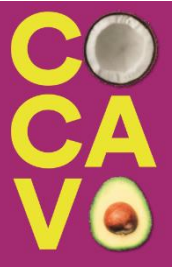




100% Pure Coconut Oil



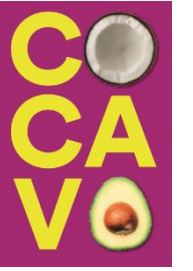
- Cocavo **100% Pure Coconut Oil** is refined in NZ from coconut oil sourced from our Pacific neighbours.
- Packed with healthy fats including MCTs such as Lauric Acid, our **Pure Coconut Oil** is a premium grade product.
- Coconut Oil is a very stable oil with a high smoke-point. **100% Pure Coconut Oil** has a neutral flavour & no coconut aroma.
- 500ml glass jar



EXTRA VIRGIN AVOCADO OIL

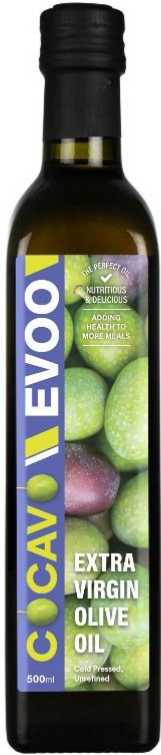
- Our 100% **Extra Virgin Avocado Oil** is cold pressed from top quality, perfectly ripened Avocados.
- The production of our **Extra Virgin Avocado Oil** is as unique as the product itself, our **Extra Virgin Avocado Oil** is produced as naturally as possible using simple cold-press technology which allows the avocado oil to retain its nutritional content, natural & expressive aromas, emerald green color and superb flavors.
- Available in 250ml / 500ml Bottles

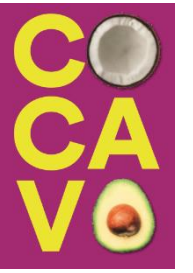




EXTRA VIRGIN OLIVE OIL

- Cocavo **EXTRA VIRGIN OLIVE OIL** is sourced from Italy or Tunisia.
- Our **EXTRA VIRGIN OLIVE OIL** is very versatile but is best used as a Salad oil.
- It is Vegan & Keto friendly, has a delicious grassy flavour typical of a quality extra virgin olive oil.
- 500ml Bottle



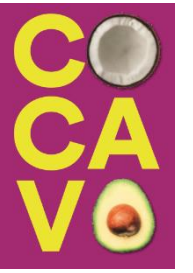


PURE OLIVE OIL



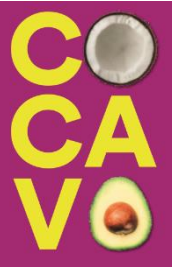
- Cocavo **PURE OLIVE OIL** is a blend of Refined Olive Oil (90%) & Extra Virgin Olive Oil (10%) imported from either Italy or Tunisia.
- Our **PURE OLIVE OIL** is a very versatile Olive Oil that can be safely used for high heat cooking and as a versatile salad oil.
- It is Vegan & Keto friendly.
- 250ml & 500ml Bottles

HI-OLEIC SUNFLOWER OIL

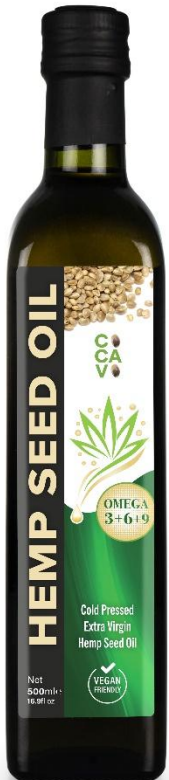


- Cocavo HI-OLEIC SUNFLOWER OIL is a versatile, cold pressed, extra virgin sunflower oil produced in New Zealand from sunflowers grown in the South Island.
- Our HI-OLEIC SUNFLOWER OIL is very versatile so can be used as a Salad oil or cooking oil.
- It is Vegan & Keto friendly.
- 500ml Bottle

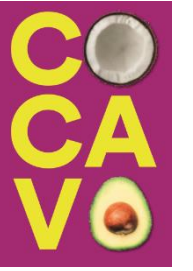




HEMP SEED OIL



- Cocavo Extra Virgin Hemp Seed Oil is natural, cold pressed & unrefined. It is produced in a way that maintains the nutritional properties and quality of nature's most unsaturated oil. Pressed from NZ hemp seeds, our Hemp Seed Oil is a lovely green colour.
- This delicate oil, with a flavourful nutty taste, can be used in a wide range of recipes such as sauces, dips, spreads, marinades and salad dressings. It may also be added to protein shakes and smoothies.
- Available in 250ml Bottles

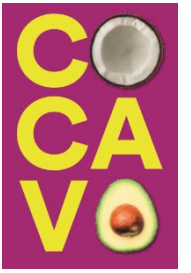


FLAX SEED OIL

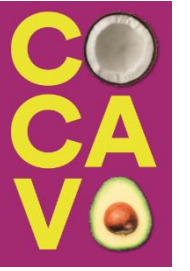


- Cocavo FLAX SEED OIL is very versatile and easy to use. Cold pressed from Flax Seeds grown in Canterbury, New Zealand the oil has a subtle nutty flavour and aroma.
- It is Vegan & Keto friendly
- 500ml Bottle

OMEGA SUPREME OIL



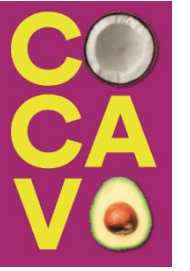
- Cocavo OMEGA SUPREME OIL Cocavo Omega Super-Oil is a blend of cold-pressed NZ grown flax seeds and hemp seeds. The oil is premium quality, extra virgin, unrefined, containing no toxic substances or cholesterol and is packed with healthy Omega Fatty Acids
- It is Vegan & Keto friendly, has a delicious earthy/nutty flavour.
- 500ml Bottle



HOT WOK OIL



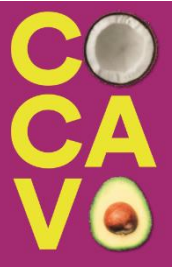
- Cocavo **HOT WOK** is a blend of Pure Olive Oil & Pure Hi-Oleic Sunflower Oil designed more for Wok & High Heat cooking.
- Packed with the healthy fats found in these 2 oils, **HOT WOK** is a very stable oil with a slightly buttery flavour from the avocado oil.
- A unique dual purpose oil, **HOT WOK** has a high smoke-point making it perfect for all types of HIGH HEAT WOK cooking and also as a general purpose quality salad oil.
- 500ML Bottle



CHILLI OIL

- Cocavo **Chilli Oil** is a delicious blend of Extra Virgin Avocado Oil, Pure Olive Oil, Hi-Oleic Sunflower Oil & Natural Chilli Oil.
- Our **Chilli Oil** is best used as a Salad oil but can also be used for high heat cooking.
- It is Vegan & Keto friendly, has a delicious Chilli flavour while still delivering on the Heat chilli lovers seek without over powering the flavour of the food.
- 250ml Bottle

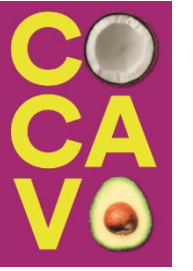




WASABI OIL

- A NZ 1st - Cocavo **WASABI OIL** is a delicious blend of Pure Olive Oil, Hi-Oleic Sunflower Oil, Extra Virgin Avocado Oil & **Genuine Wasabi Oil**.
- Our **WASABI OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious Wasabi flavour while still delivering on the Heat Wasabi lovers seek.
- 250ml Bottle

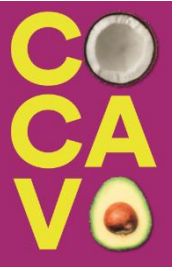




GARLIC OIL



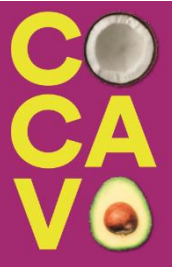
- Cocavo **GARLIC OIL** is a delicious blend of Pure Olive Oil, Extra Virgin Avocado Oil & **Natural Garlic Oil**.
- Our **GARLIC OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious Garlic flavour.
- 250ml Bottle



TURMERIC OIL



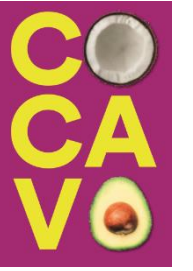
- A NZ 1st - Cocavo **TURMERIC OIL** is a delicious blend of Pure Olive Oil & **Natural Turmeric Oil**.
- Our **TURMERIC OIL** is very versatile so it can be used as a Salad oil & cooking oil.
- It is Vegan & Keto friendly, has a lovely flavour & a colour that will transform your recipes where it is used.
- 250ml Bottle



BLACK PEPPER OIL



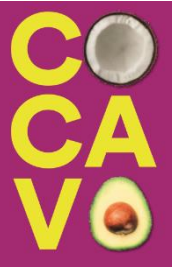
- Cocavo BLACK PEPPER OIL is a delicious blend of Pure Olive Oil & **Natural Black Pepper Oil**.
- Our BLACK PEPPER OIL is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious flavour adding a warmth to recipes while still delivering on a desirable black pepper flavour.
- 250ml Bottle



KAFFIR LIME OIL



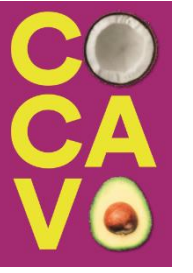
- Cocavo **KAFFIR LIME OIL** is a delicious blend of Pure Olive Oil & **Natural Kaffir Lime Oil**.
- Our **KAFFIR LIME OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious Kaffir Lime flavour.
- 250ml Bottle



LEMON & LIME OIL



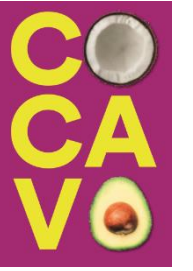
- Cocavo **LEMON & LIME OIL** is a delicious blend of Extra Virgin Avocado Oil, Pure Olive Oil & **Genuine Lemon / Lime Oil**.
- Our **LEMON & LIME OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious citrus flavour.
- 250ml Bottle



ZESTY ORANGE OIL



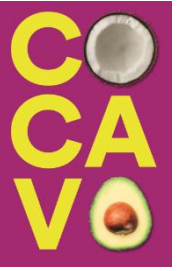
- Cocavo **ZESTY ORANGE OIL** is a delicious blend of Extra Virgin Avocado Oil, Pure Olive Oil & **Genuine Lemon / Lime Oil**.
- Our **ZESTY ORANGE OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious orange citrus flavour.
- 250ml Bottle



BASIL OIL



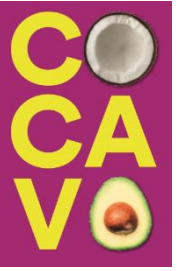
- Cocavo **BASIL OIL** is a delicious blend of Pure Olive Oil & **Genuine Basil Oil**.
- Our **BASIL OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious Basil flavour.
- 250ml Bottle



ROSEMARY OIL



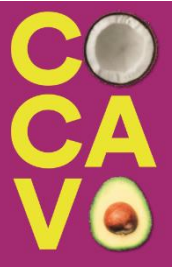
- Cocavo **ROSEMARY OIL** is a delicious blend of Pure Olive Oil & **Genuine Rosemary Oil**.
- Our **ROSEMARY OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious Rosemary flavour.
- 250ml Bottle



OREGANO OIL



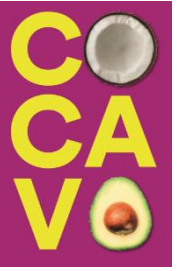
- Cocavo **OREGANO OIL** is a delicious blend of Pure Olive Oil & **Genuine Oregano Oil**.
- Our **OREGANO OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious Oregano flavour.
- 250ml Bottle



SMOKEY OIL

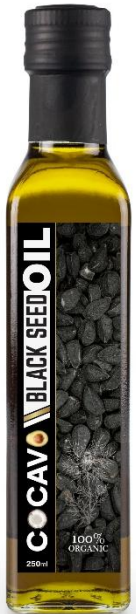


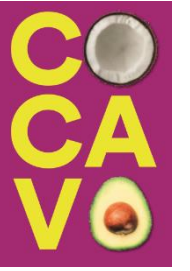
- Cocavo **SMOKEY OIL** is a unique blend of Pure Olive Oil, Pure Sunflower Oil, Natural Maple Smoke Extract & Manuka Essence, all blended together to produce this amazingly smokey oil.
- Our **SMOKEY OIL** is very versatile but is best used as a Salad oil. It has a high Smoke Point so can be used for cooking.
- It is Vegan & Keto friendly, has a delicious Smokey flavour.
- 250ml Bottle



BLACKSEED OIL

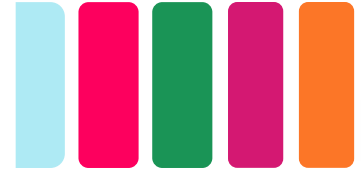
- Naturally processed and sustainably made in Israel.
- Made from organic black seeds (*nigella sativa*)
- Zero Eco-Impact on waste- all bi-products and waste material are utilized in the manufacture of other nature-friendly products.
- 250ml Bottle



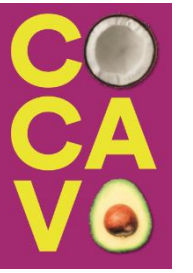


CASTOR OIL

- Castor oil is a multipurpose vegetable oil that people have used for thousands of years. It's made by extracting oil from the seeds of the *Ricinus communis* plant.
- Expeller Pressed, Hexane FREE
- It is Vegan & Keto friendly
- 250ml Bottle



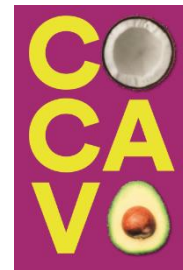
ORGANIC CASTOR OIL



- Organic Castor oil is a multipurpose vegetable oil that people have used for thousands of years. It's made by extracting oil from the seeds of the *Ricinus communis* plant.
- Organic, Cold Pressed, Extra Virgin, Hexane FREE
- It is Vegan & Keto friendly
- 250ml Bottle



INFORMATION & CONTACT



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Cocavo products are also available on Upstock.

<https://www.upstock.app/>